

## **CUMBRIA CRICKET BOARD WINTER COACHING 2010**

The Cumbria Cricket Board (CCB) is delighted to offer the following fun filled courses designed to meet the needs of every participant and provide an enjoyable learning experience.

Both courses will be staffed by experienced and friendly ECB qualified staff who are CRB checked and hold the relevant first aid certifications.

### U10/11 Course

A 5 week course for players of all abilities. Fun filled, game based sessions aimed at providing an introduction to cricketing skills in an enjoyable environment. These sessions are ideal for those with no cricketing experience or anyone just wanting to improve their skills.

Suitable for all young people in school years 4,5, and 6.

Dates:- Oct 1<sup>st</sup>, 15<sup>th</sup>, 29<sup>th</sup> Nov 12<sup>th</sup>, 26<sup>th</sup>

Venue :- St Benedict's High School 6pm – 8pm

Cost £30

### U13/14 Course

Open to all players who would like to work on their game during the off season. Sessions will include small group coaching, skills sessions, games and net coaching, whilst also developing participants' physical, mental, technical and tactical aspects of their game.

Suitable for all young people in school years 7, 8 and 9.

Dates:-Oct 8<sup>th</sup>, 22<sup>nd</sup>, Nov 5<sup>th</sup>, 19<sup>th</sup>, Dec 3<sup>rd</sup>

Venue:- St Benedict's High School 6pm – 8pm

Cost £30

To enroll for a course please fill in the application form and send it with a cheque for £30 to:

CCB Youth Cricket Scheme,  
Unit 22  
Summerlands Trading estate,  
Endmoor,  
Kendal,  
Cumbria  
LA8 0ED

Please make cheques payable to Cumbria Cricket Board. The closing date for applications is Tuesday 28th September 2010.

Confirmation of acceptance on the course will not be sent unless an s.a.e. is enclosed with the application or we are supplied with an e:mail address.

Courses may be cancelled if they are not fully subscribed to but you will be notified of this before the course is due to start.

## Application Form

Course applied for \_\_\_\_\_ (E.g U13 etc)

Name of player \_\_\_\_\_

Name of parent \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone number (Home) \_\_\_\_\_

(Mobile) \_\_\_\_\_

Email address \_\_\_\_\_

Date of Birth \_\_\_\_\_ School Year \_\_\_\_\_

### **2nd Contact if Parent / Guardian unavailable.**

Name \_\_\_\_\_

Telephone number (Home) \_\_\_\_\_

(Mobile) \_\_\_\_\_

Relationship to child \_\_\_\_\_

Please list any special needs your child has e.g. asthma, epilepsy, allergies, any other special needs, we need to be aware of

\_\_\_\_\_

I give my consent that in an emergency situation, the coaches running the session may act *in loco parentis*, if the need arises for the administration of emergency first aid, and / or other medical treatment which in the opinion of a qualified medical practitioner may be necessary. I also understand that in such an occurrence that all reasonable steps will be taken to contact me or the alternative adult who I have named above.

Signed \_\_\_\_\_ Parent/Guardian